



## ARF Restricted Health Condition Exception Or Waiver Request

California Health and Safety Codes define a Community Care Facility (CCF) as providing non-medical residential care. Residents who require specialized medical care generally may not reside in CCF's, though there are exceptions. Exceptions can be granted to an Adult Residential Facility (ARF) for certain "allowable health conditions," which are also referred to as "Restricted Health Conditions" or those requiring "Incidental Medical Services." Although *exception* is the term used in Title 22, in most cases Community Care Licensing Division (CCLD) will allow you to request a *waiver* instead. See the **Notes** section at the bottom of the page for an explanation of the difference. In an ARF, the allowable health conditions are:

- Use of inhalation-assistive devices
- Colostomy/ileostomies
- Requirement for fecal impaction removal, enemas, suppositories
- Use of catheters
- Staph or other serious, communicable infections
- Insulin-Dependent diabetes
- Stage 1 and 2 dermal ulcers
- Wounds
- Gastrostomies
- Tracheostomies

If the licensee of an ARF chooses to accept or retain a resident with a Restricted Health Condition, they must first obtain an exception or waiver from CCLD.

RAMears Consulting can provide you with everything you need to request a waiver that meets Title 22 requirements, including:

- A cover letter to CCLD requesting the waiver.
- An addendum to your Plan of Operation.
- A sample Restricted Health Condition Care Plan.

### Prices:

If requesting a waiver:

|  |       |
|--|-------|
| ARF Restricted Health Condition Waiver Request (1 condition)     | \$175 |
| ARF Restricted Health Condition Waiver Request (2-3 conditions)  | \$220 |
| ARF Restricted Health Condition Waiver Request (4-6 conditions)  | \$265 |
| ARF Restricted Health Condition Waiver Request (7-10 conditions) | \$300 |

If requesting an exception, we can provide you an addendum to your Plan of Operation. You will prepare your own CCLD cover letter and client-specific Restricted Health Condition Care Plan:

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|---|-------|
| ARF Restricted Health Condition Exception Request (1 condition)     | \$125 |
| ARF Restricted Health Condition Exception Request (2-3 conditions)  | \$175 |
| ARF Restricted Health Condition Exception Request (4-6 conditions)  | \$220 |
| ARF Restricted Health Condition Exception Request (7-10 conditions) | \$265 |

If you only need a sample Restricted Health Condition Care Plan:

|  |       |
|--|-------|
| ARF Sample Restricted Health Condition Care Plan (1 condition)     | \$75  |
| ARF Sample Restricted Health Condition Care Plan (2-3 conditions)  | \$125 |
| ARF Sample Restricted Health Condition Care Plan (4-6 conditions)  | \$175 |
| ARF Sample Restricted Health Condition Care Plan (7-10 conditions) | \$220 |

Your waiver request includes one sample Restricted Health Condition Care Plan. Additional plans can be added at a 20% discount to the priced listed above.

If requesting an exception and would like both an addendum to your Plan of Operation and a Sample Restricted Health Condition Care Plan the prices are the same as for a waiver above.

**Note:** See our [Products & Services Price List](#) and [Policies](#) for full details. You are accountable for knowing the contents of your *ARF Restricted Health Condition Exception Or Waiver Request* and for providing the services therein. To this end, RA Mears Consulting will provide an overview of any documentation provided to you, as needed.

An *ARF Restricted Health Condition Exception Or Waiver Request* delivered outside of San Diego County will be sent by email or regular mail, as agreed on.

All *ARF Restricted Health Condition Exception Or Waiver Requests* delivered electronically will be in non-modifiable PDF format and *will not* be provided in a modifiable format (e.g., DOC, TXT). RA Mears Consulting will make any revisions to *our work* required by CCLD for *initial* approval without additional charge to you.

The request for diabetes includes a sample diabetic menu, if needed.

THE DIFFERENCE BETWEEN AN EXCEPTION AND A WAIVER

With regard to Restricted Health Conditions, an exception is specific to an individual and a waiver applies to an entire facility. RA Mears Consulting can provide everything you need when applying for a waiver. In most cases, the folowing additional information is needed when applying for an exception:

- A cover letter to CCLD that explains the specific details of the client needing the exception (i.e., diagnosis, primary physician, etc.).
- A physician’s note or prescription for the required care (i.e., colostomy, catheter, insulin, etc).
- A letter of support from a conservator or placement agency (e.g., Regional Center), if applicable.
- A Restricted Health Condition Care Plan that is specific to the individual client, as opposed to a sample.

We recommend you inquire with your LPA to determine which applies to you. If possible, we strongly recommend you request a waiver rather than exception, which will allow you to admit clients with the specified condition(s) at any time in the future. If you must request an exception, RA Mears Consulting can provide the addendum to your Plan of Operation or sample Restricted Health Condition Care Plan.