



## ARF Restricted Health Condition Exception Request

California Health and Safety Codes define a Community Care Facility (CCF) as providing non-medical residential care. Residents who require specialized medical care generally may not be in CCFs, though there are exceptions. Exceptions (or waivers) can be granted to an Adult Residential Facility (ARF) for certain “allowable health conditions,” which are also referred to as “Restricted Health Conditions” or those requiring “Incidental Medical Services.” In an ARF, these are:

- Use of inhalation-assistive devices
- Colostomy/ileostomies
- Requirement for fecal impaction removal, enemas, suppositories
- Use of catheters
- Staph or other serious, communicable infections
- Insulin-Dependent diabetes
- Stage 1 and 2 dermal ulcers
- Wounds
- Gastrostomies
- Tracheostomies

If the licensee of an ARF chooses to accept or retain a resident with a Restricted Health Condition, they must first obtain an “exception” from Community Care Licensing.

RA Mears Consulting can provide you with everything you need to request an exception that meets Title 22 requirements, including:

- A cover letter to CCL requesting the exception/waiver.
- An addendum to your Plan Of Operation.
- A sample Restricted Health Condition Care Plan.

**Price:** \$200

**Note:** See our *Products & Services Price List and Policies* for full details. You are accountable for knowing the contents of your *ARF Restricted Health Condition Exception Request* and for providing the services therein. To this end, RA Mears Consulting will provide an overview of any documentation provided to you, as needed.

A *ARF Restricted Health Condition Exception Request* delivered outside of San Diego County will be sent by email, fax, or physical mail, as agreed on.

The price listed for a *ARF Restricted Health Condition Exception Request* includes 1-2 conditions. Additional conditions are \$10 each. The request for diabetes includes a sample diabetic menu, if needed.

All prices include any revisions to your *ARF Restricted Health Condition Exception Request* required by CCL.