



Modifiable Restricted Health Condition Care Plan

California Health and Safety Codes define a Community Care Facility (CCF) as providing non-medical residential care. Residents who require specialized medical care generally may not be in CCFs, though there are exceptions. Exceptions can be granted to an Adult Residential Facility (ARF) for certain “allowable health conditions,” which are also referred to as “Restricted Health Conditions” or those requiring “Incidental Medical Services.” In an ARF, these are:

- Use of inhalation-assistive devices
- Colostomy/ileostomies
- Requirement for fecal impaction removal, enemas, suppositories
- Use of catheters
- Staph or other serious, communicable infections
- Insulin-Dependent Diabetes
- Stage 1 and 2 dermal ulcers
- Wounds
- Gastrostomies
- Tracheostomies

If the licensee of an ARF chooses to accept or retain a resident with a Restricted Health Condition, they must first obtain an “exception” from Community Care Licensing. Once CCL has granted the exception, you must develop and maintain a written Restricted Health Condition Care Plan (RHCCP).

RA Mears Consulting can provide you with a modifiable template that will allow you to create your own RHCCP to meet Title 22 requirements. Simply substitute our information with your own. We will provide you with:

- A modifiable cover letter requesting the exception.
- A modifiable Restricted Health Condition Care Plan.

Price: \$150

Note: See our *Products & Services Price List and Policies* for full details. You are accountable for knowing the contents of your *Modifiable Restricted Health Condition Care Plan* and for providing the services therein. To this end, RA Mears Consulting will provide an overview of any documentation provided to you, as needed.

A *Modifiable Restricted Health Condition Care Plan* delivered outside of San Diego County will be sent by email, fax, or physical mail, as agreed on.

All prices include any revisions to your *Modifiable Restricted Health Condition Care Plan* required by CCL.