



RCFE Restricted Health Condition Exception Request

California Health and Safety Codes define a Community Care Facility (CCF) as providing non-medical residential care. Residents who require specialized medical care generally may not be in CCFs, though there are exceptions. Exceptions (or waivers) can be granted to a Residential Care Facility for the Elderly (RCFE) for certain “allowable health conditions,” which are also referred to as “Restricted Health Conditions” or those requiring “Incidental Medical Services.” For an RCFE, these are:

- Administration of oxygen
- Catheter care
- Colostomy/Ileostomy care
- Contractures
- Diabetes
- Enemas, suppositories, and/or fecal impaction removal
- Incontinence of bowel and/or bladder
- Injections
- Intermittent Positive Pressure Breathing Machine (IPPBM)
- Stage 1 and 2 pressure sores (dermal ulcers)
- Wound care

If the licensee of a RCFE chooses to accept or retain a resident with a Restricted Health Condition, they must first obtain an “exception” from Community Care Licensing.

RA Mears Consulting can provide you with everything you need to request an exception that meets Title 22 requirements, including:

- A cover letter to CCL requesting the exception/waiver.
- An addendum to your Plan Of Operation.
- A sample Client Care Plan, Physician’s Statement, and Appraisal/Needs and Services Plan.

Price: \$175

Note: See our *Products & Services Price List and Policies* for full details. You are accountable for knowing the contents of your *RCFE Restricted Health Condition Exception Request* and for providing the services therein. To this end, RA Mears Consulting will provide an overview of any documentation provided to you, as needed.

A *RCFE Restricted Health Condition Exception Request* delivered outside of San Diego County will be sent by email, fax, or physical mail, as agreed on.

The price listed for a *RCFE Restricted Health Condition Exception Request* includes 1-2 conditions. Additional conditions are \$10 each. The request for diabetes includes a sample diabetic menu, if needed.

All prices include any revisions to your *RCFE Restricted Health Condition Exception Request* required by CCL.