



Robert Mears

Education

Bachelor of Arts, Psychology, University of California at Berkeley, 1987

- While enrolled in the College of Letters and Science I earned a place on both the Dean's List (top 4%) and President's List (top 1%).
- I participated for 5 semesters in the Napa Project, spending 1 evening per week on various units at Napa State Hospital.

Master of Arts, Psychology, San Diego State University, 1994

- I participated in the Child Abuse Seminar, an intensive, year-long training in the child abuse system, consisting of graduate students in psychology, social work, and law.
- I designed and conducted a Thesis experiment entitled "Attentional Mechanisms In Down Syndrome And Nonspecific Mental Retardation."
- I attended classes, and competed academically, with students in the SDSU/UCSD Joint Doctoral Program.

Work Experience

While a junior and senior in high school, I worked for the San Diego YMCA as a counselor in summer day and residential camps.

Youth Homes, Inc.
Walnut Creek, California

10/80 – 11/81 **Counselor** – I worked in several Group Homes, each with 6 juvenile residents from a variety of abuse and neglect backgrounds. I participated in weekly group therapy sessions and team meetings, and monitored resident progress on personal goals and terms of probation, including some personal counseling.

Association for Retarded Citizens
Oakland, California

11/81 – 6/83 **Adult Development Worker** – I worked with small groups of profoundly and multiply handicapped people in an Adult Development Center (ADC). I wrote individual quarterly goals, evaluated progress, and designed a daily program of activities.



6/83 – 12/83 **Center Coordinator** – I supervised 6 Adult Development Workers and was responsible for the daily operation of an Adult Development Center (ADC) with 35 adult participants with developmental disabilities. I supervised Individual Program Plan (IPP) meetings, met with careproviders and other professionals, conducted staff meetings, and met weekly with the Program Director.

State Health Department – Maternal and Infant Health
Berkeley, California

2/85 – 5/86 **Student Assistant** – I worked in the High-Risk Infant and Sudden Infant Death Syndrome (SIDS) departments. I compiled statistical data on a state database computer, maintained a scientific library of relevant literature, and assisted in demographical studies of high-risk infants and their families.

Spectrum Agency
Berkeley, California

6/86 – 9/86 and 5/87 – 9/87 **Program Implementer** – I worked during summer breaks from UCB with 6 adolescents with autism in a Group Home setting, implementing behavior plans, collecting data, writing task analyses, evaluating and graphing progress. I attended weekly team meetings and regular in-service training.

Association for Retarded Citizens
Berkeley, California

11/87 – 4/88 **Floor Supervisor** – I supervised small groups of adults with developmental disabilities in a “sheltered” workshop setting. My work included contract production, evaluating progress on goals, and maintaining worker production sheets.

Boys and Girls Mental Health Centers
El Cajon, California

5/88 – 2/89 **Youth Development Counselor** – I worked in 2 Group Homes, each with 6 adolescents coming from a variety of abuse and neglect backgrounds. I attended weekly team meetings, met with professionals, and attended regular in-service training. I reviewed resident histories, monitored progress on individual goals, conducted some personal counseling, and supervised medication administration.



Association for Retarded Citizens
San Diego, California

4/89 – 8/89 **Program Supervisor/QMRP** – I supervised 2 ICF/DD–H Adult Residential Facilities, providing case management to the 6 residents in each home, writing goals, facilitating annual reviews, evaluating new referrals, supervising facility staff and holding monthly staff meetings and training, and acting as liaison to the San Diego Regional Center.

United Cerebral Palsy
San Diego, California

8/89 – 7/90 **Client Services Manager** – I was the primary case manager for all 54 participants in a day program for adults with cerebral palsy and other disabilities. I was responsible for intake, initial assessment, and discharge. I completed monthly ID notes and annual reports, facilitated the self-advocacy group, and met regularly with San Diego Regional Center and Department of Rehabilitation personnel.

National Multiple Sclerosis Society
San Diego, California

7/90 – 7/91 **Chapter Social Worker** – I was the main social services and information contact for newly diagnosed MS patients in San Diego County. I took phone referrals, made home visits to complete assessments, and provided counseling and information about Multiple Sclerosis. I facilitated a support group for the children and siblings of individuals with MS.

New Alternatives B&G
El Cajon, California

10/92 – 6/94 **Child Care Worker** – I supervised severely emotionally disturbed (SED) adolescents in a Residential Treatment Center (RTC) setting, implementing behavior programs, collecting data, writing daily shift notes, and supervising medication administration.

San Diego Regional Center
San Diego, California

6/94 – 6/95 **Social Work Counselor, Unit 1** – I provided case management for 75 adults and children with various disabilities. I wrote Individual Program Plans (IPPs), completed home visits, provided advocacy, and monitored service delivery by vendored agencies. I compiled a database of community resources.



6/95 – 10/98 **Intake Social Work Counselor, Intake Department** – I facilitated eligibility determination for San Diego Regional Center services. I completed initial interviews with prospective clients and families, wrote Social Summaries, collected collateral documentation to establish a disability history, and scheduled psychological and medical evaluations as needed to determine eligibility.

10/98 – 1/04 **Evaluation Specialist, Community Affairs Department** – I performed Quality Assurance reviews on level 2, 3, and 4 Community Care Facilities that were vendored by SDRC. I interpreted and ensured compliance with Title 17 regulations and San Diego Regional Center standards. I prepared, or organized, and presented trainings to vendors, participated in various agency and interagency committees, and assisted in annual conference planning and implementation.

Research Experience

- Independent Study supervised by Dr. Stephen Glickman at UCB. I researched the concept of instinct, drive and motivation.
- Research Assistant with UCB doctoral students Laurie Leventhal-Belfer and Gabrielle Weinstein on a study that examined stress, coping, and self-esteem in families with a prematurely born child.
- Seminar participant with Dr. Rhona Weinstein at UCB in which we reviewed and coded elementary school classroom transcripts, looking for evidence of “self-fulfilling prophecy.”
- Senior Honors Thesis in which I designed and implemented my own research project entitled “The Physically Disabled Student In The University Setting.” My work included writing a research protocol for approval by the UCB Human Subjects Committee, researching literature, recruiting and interviewing subjects, and analyzing the final data. Dr. Sheldon Korchin, Director of Clinical Training at UCB, supervised my work.

Other Training

Although I do not maintain certifications, I have been trained numerous times and understand the concepts of First Aid, CPR, Management of Assaultive Behavior, and Physical Assault Response Training (now known as Pro-Act).